



From: Simon Bailey, Dreamflight Medical Director

February 2026

Dear Medical/Healthcare professional,

You are invited to nominate a child or young person for a Dreamflight holiday. This letter is to give you some guidance when completing the form.

For us to consider any child/young person please answer ALL the questions clearly, check that all the contact details are correct and the postcode and child's weight are included.

Below is some information about the Dreamflight charity and the children we aim to support, to help guide you when considering children to nominate for the Orlando and UK trips.

- Dreamflight is a charity that takes children and young people aged 8-16 years, from all over the UK, to visit the theme parks and other attractions in Florida (children aged 8 – 14 years) OR on a UK based activity trip (children aged 8 – 16 years). We do not take parents or carers; the children are accompanied by a team of medical and non-medical volunteers who look after them for the duration of the trip. The Orlando trip lasts for ten days and the UK trip for four days. It's important to nominate a child whom you feel can manage on a group holiday and be away from home for that long.
- We aim to take children whose health problems are such, that they are unlikely to be able to go on such a trip without the full medical, nursing and physiotherapy support team that we take with us.
- Please give as much information about the child in the personal information section, such as why you think they would benefit from the holiday, their family and school situation, how the condition impacts their lives, what they would get out of the trip.
- We can take a number of children who are completely wheelchair dependent. For the Orlando trip, it's also helpful to know about those who might need wheelchair support for a full day at a theme park. Due to manual handling restrictions, we are unable to take fully wheelchair dependent children above 50kg (8st) to Orlando but these young people can be considered for the UK trip which is fully hoist supported.
- We are only able to take children who are developmentally able to manage on the holiday without family/their own carers. As a guide, please only nominate children and young people with a learning age of 8 years and over. We find children with a younger learning age can't manage away from family. We are not able to take children with severe global developmental delay or severe learning disability. We can consider children and young people with ADHD and autism in addition to their primary diagnosis, but please consider if they will be able to manage in large groups and noisy, busy settings, before nominating them. Please see separate guidance about neurodiversity. You can discuss with the Dreamflight office or regional group leader, before completing your nomination, if you are not sure.



- We can take several children with Cystic fibrosis/bronchiectasis. However, there is a problem with Burkholderia Cepacia and Mycobacterium Abscessus infections, especially for children who go on group holidays. Please nominate only children who have not been infected with these bacteria. Negative swab tests should accompany the nomination. On the advice of the Cystic Fibrosis Trust only one such child per group of 16 will be selected.
- We are unable to offer a Dreamflight Orlando holiday to children with Sickle Cell Anaemia due to the high risk of sickle crisis unless they are post BMT with a satisfactory HbS%. However, you are welcome to nominate them for the UK trip.
- There are safety precautions that we need to take, such as a staying in rooms/bedtime at 9pm and constant supervision by an adult. Young people who are more mature for their age and/or more 'streetwise' may need to adjust to that while on the trip. Please consider this before nominating.
- Please discuss the nomination with the parents/guardian, but not the child. There is around a 50% chance that any one child will be selected for the trip. The child/young person could be very disappointed if they thought they could go and were not selected.
- If a child/young person you nominate is selected, then an email may follow asking you/the child's consultant to electronically sign a form for us to receive compassion tickets for the child to visit the theme parks.

Dreamflight reserves the right to withdraw its invitation to any child selected at any time prior to departure, should the information on the form be inaccurate or incomplete.

If you are not the child's named consultant, please make sure they support the nomination as they will have to complete the medical authorisation for the child to go on Dreamflight UK/Orlando.

Thank you in advance for your time – your nomination may enable a child to take part in their holiday of a lifetime with Dreamflight, so we really appreciate your support!